

# Southeast MI Diabetes Prevention Resource Center

Supported by the  
**Southeast MI Hospital Collaborative**  
A Collaborative Partnership to Prevent Diabetes in Southeast Michigan



**Beaumont**



**Ascension**



National Kidney Foundation<sup>®</sup>  
of Michigan

## What

The Southeast MI Diabetes Prevention Resource Center serves as one point of contact for people in Southeast MI to learn about prediabetes and the Diabetes Prevention Program (DPP) and to get connected to a DPP Workshop. The Resource Center adds a contact person to supplement the Southeast MI Map of DPP Workshops that already exists, so that people can call or email one point of contact for assistance.

The Resource Center staff can help people with:

- Understanding the basics of prediabetes and DPP
- Finding a DPP Workshop that is convenient to them
- Connecting to the registration process for their preferred DPP Workshop
- Being added to a waiting list to be notified when a DPP Workshop that meets their needs becomes available

## Why

Without a central point of contact, people need to contact multiple programs for information and to find the most convenient DPP Workshop. While each DPP Provider has its own phone number and/or website and/or email address, the Diabetes Prevention Resource Center can cover all of them in an informed and neutral way.

## What

The Diabetes Prevention Resource Center can be reached by:

- Toll-free phone call 833-399-4375
- Email: [preventdiabetes@gdahc.org](mailto:preventdiabetes@gdahc.org)

## How

Currently staffed by the Greater Detroit Area Health Council, Southeast Michigan's premiere health care coalition and supported by the Southeast MI Hospital Collaborative, Diabetes Prevention Resource Center staff will develop ongoing relationships with all of the area's DPP providers to ensure up-to-date and accurate information about DPP Workshops and the registration process.

## Where

The Diabetes Prevention Resource Center will connect people to DPP Workshops in the following counties of Southeast MI:

- Wayne
- Oakland
- Macomb
- Genesee
- Lapeer
- Lenawee
- Livingston
- Monroe
- St. Clair
- Washtenaw