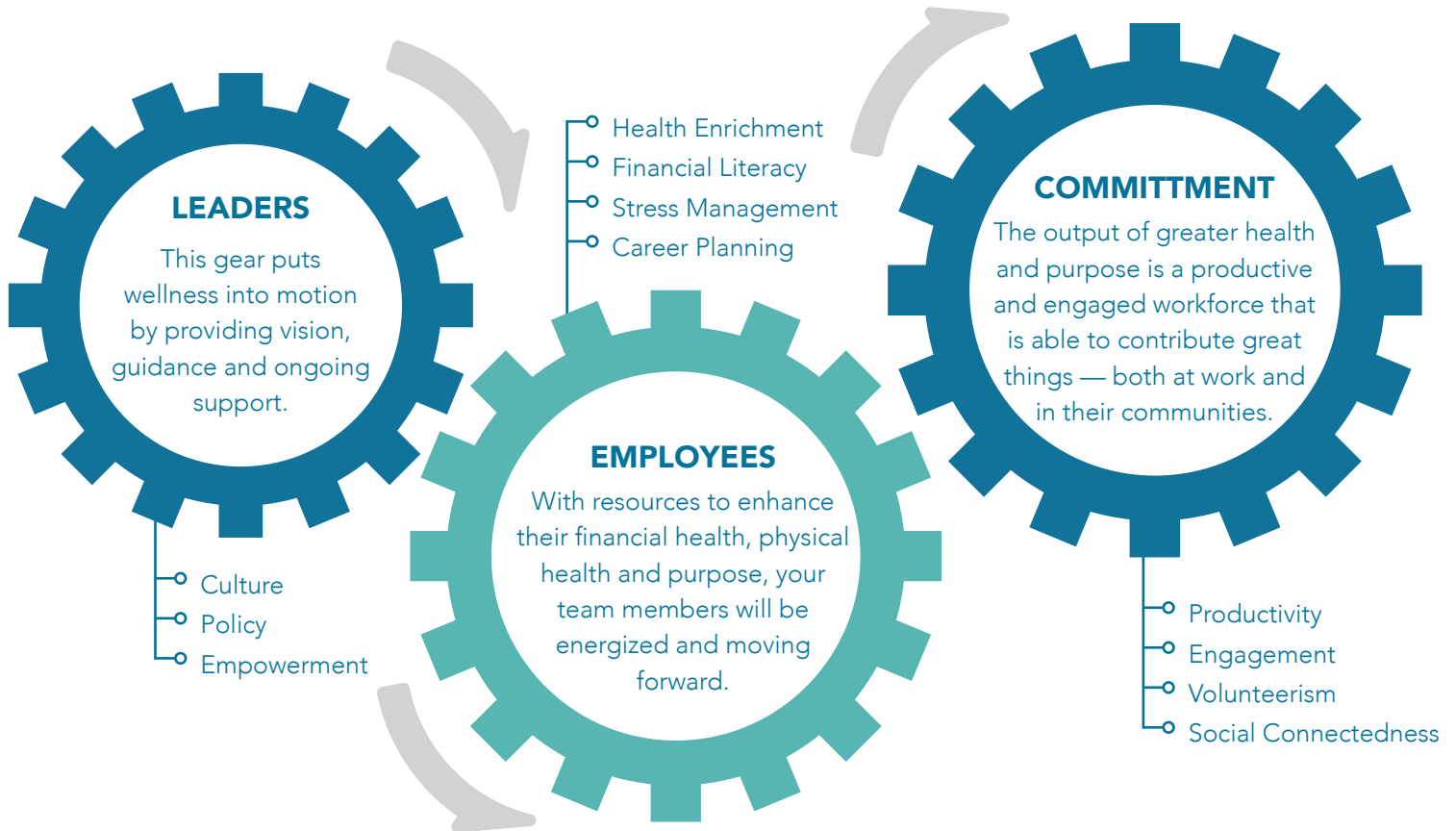


# WHAT IS WORKPLACE WELLNESS?

At its best, your workplace runs like well-oiled machine. In a machine, gears are used to transmit power from one part to another. The power transmitted by gears can increase speed and force or change direction. The same is true with workplace wellness. When your workplace wellness gears work together, powerful outcomes ensue. Your leaders, your employees and your commitment to community will be agile and strong — able to accelerate, focus and adapt.



**READY TO LAUNCH YOUR WORKPLACE WELLNESS PROGRAM?**

Download the 5-Step Road Map at [wellnessworksdetroit.com](http://wellnessworksdetroit.com)



WELLNESS  
**WORKS**